



Basal Joint Arthroplasty Post Op Protocol:

- Thumb Spica Splint – NWB x 2 weeks
- WTO @ 2 wk f/u – NWB x 4 weeks and no use of thumb for same time period
- OOS of at 6 weeks and start PT @ 6 weeks post op. No restrictions at this point.

3085 Sparta Highway • McMinnville, TN 37110
931.815.2663 | www.pinnacleorthopaedic.com