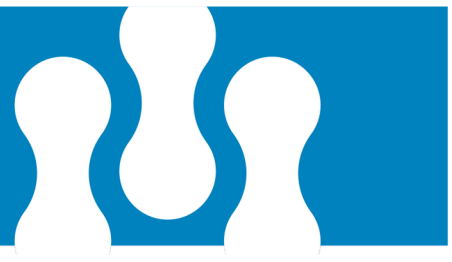


Welcome to mymobility®



THE JOINT
REPLACEMENT
CENTER
AT PINNACLE ORTHOPAEDICS



Preparing for and recovering from surgery can seem overwhelming. Knowing what to expect and receiving timely reminders can help ease the process as you approach your surgery date. mymobility keeps you connected to your surgeon and care team throughout this process to assist you in many ways, including:

Understanding your condition and optimizing your health prior to surgery

Learning what to expect the day of surgery

Knowing some steps you can take to help minimize complications after surgery

Offering guidance as you work toward regaining mobility

Reviewing data about your activity levels and progress with your care plan

Sharing information with your surgeon and care team to help them determine your need for extra direction or follow-up care.

It can also be used after surgery to aid in your recovery



Getting started is easy!



**Scan Here to
Learn More!**



Look for the text
message on your
phone



Click on the link in the text and
download the mymobility app or use
the desktop URL in your activation text
message on your computer or tablet to
access mymobility



Activate your
account

Then you're all set. You can start logging in for information and to track your progress.

Customer Support For any questions about the app or instructions on how it works please contact the mymobility support team: Website: <https://support.zbmymobilitysolutions.com> Email: support@zbmymobilitysolutions.com Phone: 1-844-799-8208